


**Environmental Modifications: A Change in Expectations**

**Presenter:** Natalie Soetaert  
**Date:** March 9, 2009

The FASD Learning Series is part of the Alberta government's commitment to programs and services for people affected by FASD and those who support them.



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**Welcome**



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**Session Goals**

- To learn simple hands-on environmental modifications for people affected by FASD
- To learn how effective play can help to decrease behaviors in the home
- To show real life day to day strategies that are possible without creating a lot of extra work
- To show the environmental modifications can become part of your daily routine

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**Function and Support**

- Five (5) Principles
- The Nuts and Bolts of Environmental Modification

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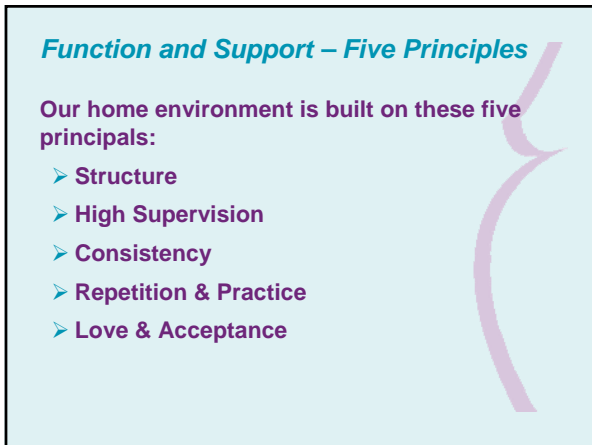
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**Function and Support – Five Principles**

Our home environment is built on these five principals:

- Structure
- High Supervision
- Consistency
- Repetition & Practice
- Love & Acceptance

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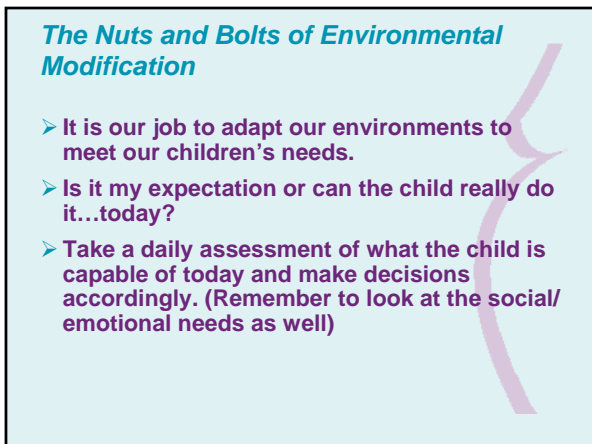
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**The Nuts and Bolts of Environmental Modification**

- It is our job to adapt our environments to meet our children's needs.
- Is it my expectation or can the child really do it...today?
- Take a daily assessment of what the child is capable of today and make decisions accordingly. (Remember to look at the social/emotional needs as well)

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**The Nuts and Bolts of Environmental Modification**

- Everyday is a new day. Think of everyday as a fresh start. What did not work yesterday may work today.
- When we play and laugh, learning will happen instead of just behaviors.
- Systems that work - what we have learned.

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**Visuals**

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**Visuals**



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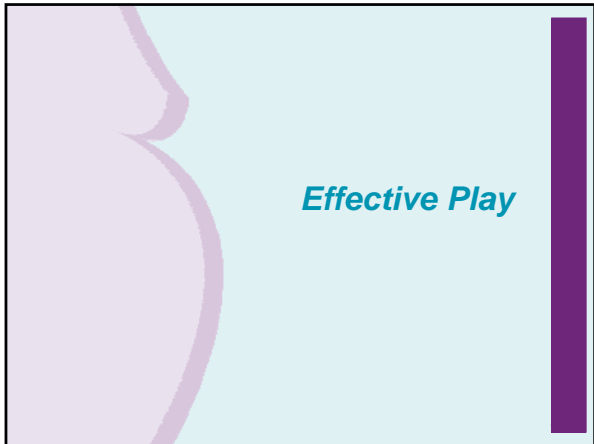
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*In Closing*

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***In Closing***

Commit to the process, small changes allow for great success

- Ask for help often
- Your children do love and appreciate everything that you do
- Your hope will continue to move you and you family forward

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***In Closing***

- Every play opportunity is a chance to work on basic skills
- Trust what your heart tells you and know that you are your child's best advocate

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Questions for Natalie?

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