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SAFETY PLANNING FOR SERVICE PROVIDERS

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October 26, 2011

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Session Goals

- Identify 4 Risk Management Approaches
- Determine Common Risk Factors
- Classify Safeguards
- Quick Tips

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Risk Management Option 1

ACCEPTED


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Risk Management Option 1

<p>Risk</p> <ul style="list-style-type: none"> - Full caseload – burnout - Evening meeting – personal safety risk - Driving @ -30 C – weather hazard 	<p>Accept</p> <ul style="list-style-type: none"> - Accept new referral b/c of the # of MIAs - Client known to program for > 6 months, stable relationship, safe housing, after hours contact protocol - Driver confidence, well maintained vehicle, winter emergency kit, cell reception is good
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Risk Management Option 2



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Risk Management Option 2



- No client visits in the home on weekends
- No direct client work when under influence drug/alcohol
- Cell phone # is only number shared
- Use *67 when using private landline

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Risk Management Option 3

Transfer of Risk



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Risk Management Option 3

Transfer of Risk

- Insurance
 - Professional
 - Business
 - Short Term Disability
 - Chronic Illness
- Document decisions, concerns



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Risk Management Option 4

Mitigate



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Risk Management Option 4

Mitigate Risk

- ✦ Curb
- ✦ Lessen
- ✦ Diminish
- ✦ Alleviate



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Assessing Risks & Safeguards



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Assessing Risks

- Physical
- Contextual
- Technical
- Personal



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Assessing Risks - Physical

- Driving



The slide contains five traffic signs: a blue square sign with a white circle and a red diagonal line over a mobile phone icon; a yellow triangular warning sign with a black silhouette of a deer; a blue diamond-shaped sign with a white car icon and a winding road; a yellow diamond-shaped warning sign with a black silhouette of a worker; and a white rectangular speed limit sign with the text 'SPEED LIMIT 10'.

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Safeguards - Technical

- Driving

- (Cell phone
 - √ Car charger
 - √ Transmission booster
 - √ Blue tooth – hands free
- i maps, directions
- i GBS, on-star

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Safeguards - Physical

- Driving

- q well maintained vehicle
- q basic emergency kit
- q winter kit
- q use of seat belts
- q use of car and booster seats

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Safeguards - Administrative

- Driving
 - p training – roadside emergency
 - policy on weather and road conditions
 - @ audit for vehicle emergency kit
 - ü training - car and booster seats
 - scheduling time in-between appts

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Assessing Risks - Physical

- Working Alone



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Safeguards - Technical

- Working Alone
 - » Digital photo of staff, vehicle, license plate and VIN
 - » Picture ID to be worn/on person
 - » Cell phone charged, on and programmed for emergency calls

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Safeguards - Physical



- Working Alone

-  »Wear appropriate clothing and footwear
-  »Sit with clear exit available to all
-  »Park so that you cannot be blocked in

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Safeguards - Physical




- Working Alone

-  »Lock purse in vehicle when leaving office
-  »Self-Care = NURSE nourishment, understanding of self, relax, sleep & exercise

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Safeguards - Administrative

- Working Alone

-  »Training – job shadow, orientation, training, regular reflective supervision
-  »Community orientation
-  »+ve working relationship with police

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Safeguards - General

- Respectful
- Relational
- Responsive
- Rewarding
- Rhythmic
- Repetitive
- Reciprocal

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Staff Assessment

- Personality
- Experience
- Training
- Skills

- Non-judgemental, creative, persistent, action
- Life experience with adverse circumstances
- Who are your clients? What do you need to know?
- Practice skills ... MI, Non-violent crisis intervention, road side hazards, drug awareness, advocacy

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Training



FASD 101, FASD 911, FASD prevention, FASD support, community connections, personal care, child development, parenting special needs children, advocacy, team building, case management, documentation, computer literacy, legal aid, criminal and family law, landlord and tenant act, subsidy programs, OT and SLP interventions, ask for learning as your clients lead you!


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Skill Development

- Practice
- Supervision
- Site visits
- Case consultation
- Training
- Self-reflection
- Networking

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New or Not



**Creating a path
or
Following a trail**

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Enjoy Your Accomplishments



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Enjoy Your Accomplishments

Practice


- ▣ Daily count your blessings
- ▣ Weekly recognition of someone
- ▣ Annual appreciation
- ▣ Ongoing - keep a file of positive notes



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Enjoy Your Accomplishments


Pause



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Enjoy Your Accomplishments

Reflect



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www.fasd-cmc.alberta.ca

Please take the time to fill out the on-line evaluation

Thank You!
